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2010 WEDDING GUIDE
Rejuvenate Your Eyes

Dr. Joe Niamtu

Did you know that the upper face ages faster than the lower face? Many people in their late 30’s and early 40’s begin to develop aging changes around their eyes that make them look old and tired. Common aging changes include droopy skin on the upper lid that makes it difficult for females to apply makeup and sometimes blocks vision in men and women. In the lower eyelid, fat bags and crinkly skin are the biggest problems. As a result, some of the most popular cosmetic facial procedures done today are on the eye area.

Dr. Joe Niamtu specializes in cosmetic surgery of the face and neck and has done hundreds of upper and lower eye procedures. They are performed in his fully accredited office surgery center with light IV or local anesthesia. Dr. Niamtu uses the newest technologies of laser and radio-wave surgery for eyelid surgery. This produces less bleeding and tissue damage which means less bruising, faster healing and less post operative pain. This surgery takes about 15 minutes per eyelid and the recovery time is usually about a week. Most patients that have eyelid surgery on Thursday or Friday can recover over the weekend and “pop on a pair of shades and sneak to the mall by Monday or Tuesday.”

Dr. Niamtu frequently treats the area around the eyes with laser resurfacing as well. This produces a more dramatic reduction in wrinkles and crow’s feet. After laser resurfacing, the patient will be red for a week and then pink for another week. Makeup can be used to cover the pinkness until it resolves. For minor to moderate lower eyelid wrinkling, a chemical skin peel can be performed and heals in about a week. The results are not quite as dramat-