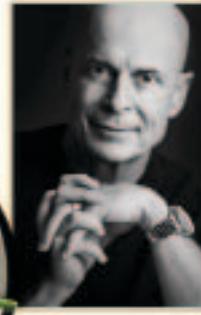




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Is rhinoplasty covered by insurance?

Dr. Kluska:

By definition, a rhinoplasty is a procedure that changes

the appearance of the nose. Most of the time it is not covered by insurance, unless there is some kind of congenital or acquired deformity in the nose. Many times, a rhinoplasty is done with a septoplasty (straightens the nasal septum) or turbinoplasty (reduces overdeveloped turbinates, responsible for warming and moistening the air we breathe). While medical insurance may pay for the septoplasty or turbinoplasty, the patient usually pays for any cosmetic changes.

Dr. Niamtu:

What can I do about facial spider veins?

Spider veins are technically called telangiectasias and are very common. Modern

laser technology has enabled these pesky veins to be treated in a lunchtime

procedure with a variety of options. Using lasers, light is transferred through a handpiece about the size of a pen, and rapid laser pulses destroy the vein without harming the normal tissue. These light pulses are accompanied by a "rubber band sting," but the use of numbing creams make the treatment more comfortable. It only takes seconds to treat a few veins or about 15 minutes to treat large areas. Resistant veins may need follow-up treatments.

IPL (intense pulsed light) is a non-laser intense light source that is also commonly used to treat spider veins.

IPL is especially useful for very large areas of fine veins, as seen in rosacea. This treatment is made less painful by using a cooling gel or cooling device built into the treatment device. This is a minimally invasive procedure and rarely requires any recovery time.

What causes dark circles, and can they be fixed?

In rare cases, some very large spider veins will not respond to laser or light-based therapy and are treated with sclerosing solutions. These liquids are injected into the vein with a fine needle and destroy the larger veins. In addition to spider veins, the above therapies are also used for other vascular lesions such as hemangiomas, port wine stains and other growths that occur from blood vessels.

Dr. Schlessinger:

There are several causes of dark circles, some of which are easier to improve than others.

Many people get them just from poor moisturization of the area under the eyes. Moisturizers and skincare products, such as Neocutis Lumiere, are best for treating this problem. Lumiere has PSP, a growth factor, as well as a great base that hydrates the area. Other causes can

be simply the way the skin and eye are arranged. For example, if there is a hollow area under the eye, this can create "shadow" effects on the under-eye region. Sometimes, an injection of a filler, such as Restylane or Juvéderm, can make a difference.

Allergies and hereditary issues can also contribute to these problems, as well. Whatever the case, given the fact that there are new treatments available, it may be worth checking into options either via products or a dermatology visit. ✨



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