

THE FUTURE OF BEAUTY AND ANTI-AGING

NEW YOU

Issue 5 Spring 2011

STEM CELLS NOW

*New cheeks, new breasts,
new butt, new muscles,
all with your own fat!*

HCG Weight Loss that works

DOCTOR'S
OFFICE
COPY

The EYES of Youth

*How will you
reclaim yours?*

TROPICAL BEAUTY TIPS

Q & A with

"Miami Housewife"

Adriana de Moura

Age Defying

*The latest
youth-enhancing
products*

Hormones For Women
Regain your youthful balance

74

NEWYOU | SPRING 2011

KAROL GREEN

Karol weighed her options and went with Dr. Niamtu. She chose him based on recommendations, his reputation and the experience she had during the consult. "He laid it all out for me. We talked about an eye lift and non-surgical options and what the results would be. He recommended bleph surgery, but he wanted me to make the decision and not feel pressured," she says. A month later, Karol scheduled a bleph for both the upper and lower eyelids.

Dr. Niamtu performed the surgery, taking out the excess skin and fat pockets, and then passed a laser on the lower lids to smooth and tighten the loose skin. Three hours after the procedure, Karol had minor pain (she took Tylenol to alleviate it), and went home with red, swollen eyes that were noticeably bigger, like the ones of her youth.

Karol was back at work after a week of resting with concealer covering up the redness. It took three weeks for her eyes to look beautiful, she says, and it's been a string of compliments ever since.

"About a month after, someone stopped me at work and told me I looked wonderful. People have been telling me that I look younger. The woman at Sephora couldn't even see my upper eyelid scar and wanted to know who my doctor was," she adds.

Her vision has improved as well. But what's had the most impact is that the naturally younger look has reinvigorated Karol in a way she could have never imagined. "It's amazing for your spirit," she says. "I got an eye lift and a lift on life, too." ❁

Age: 60

Doctor: Joseph Niamtu, DMD

Hometown: Richmond, VA

Profession: Teacher for children with disabilities

OLD YOU



NEW YOU



Got your eye on a lift? Here's what you need to know before your bleph: www.newyoumag.com



*“ About a month after, someone
stopped me at work and told me
I looked wonderful”*